

PASCAI SWIM FOR A CAUSE FOR COACH EMIL AMAGO

To be hosted by: Philippine Aquatic Sports Coaches Association, Incorporated In cooperation with Lipa City Community Park Swimming Pool

Objectives: 1. to continue PASCAI efforts to provide monthly competitions to its members

2. to raise fund for PASCAI members who are in need of financial assistance.

GENERAL INFORMATION SHEET

Event: PASCAI SWIM for A CAUSE FOR COACH EMIL AMAGO
Date: December 11, 2016 Saturday
Venue: Lipa City Community Park, Swimming Pool, Brgy. 7 Granja, Lipa City

Rules: 8 lanes swimming pool
Current International Swimming Rules and PASCAI ground rules shall Apply.
All races will be Timed Finals
One-Start Rule will apply

Categories: (6& Under one Age band),7,8,9,10,11,12,13,14,(15-17 one age band),(18 and Over one age band). **Cut off date:** Day of competition (December 11, 2016, Saturday)

Entries:

1. Confirmation of entries and ensuring that entries and age-group of swimmers are accurate is the sole responsibility of the coaches
2. No swim-up is allowed for all individual events SWIM-UP is allowed for the relay events.
3. A team is allowed to have one entry for all relay events
4. All other entry restrictions are indicated in the lower portion of the Order of Events.
5. A team shall be disqualified for failure to submit a complete and eligible relay line-up; coaches will be held accountable for any lapse in judgment
6. Scratches done during the meet shall be accepted; however, entry fee shall be assessed.
7. Verifiable seed times must be submitted, otherwise; swimmer with NO SEED TIME will be placed at earlier heats.

Order of Events: See Attached.

Entry Fee: P 500.00 per swimmer

Schedule: 0630H – Start of warm-ups
0740H – End of warm-ups
0745H – Coaches and Meet Officials' meeting
0800H – Parade of Teams & Simple Opening Ceremony
0830H – Start of Meet

1700H – End of Meet

Entry Deadline:

1. Entry forms must be submitted on or before

Dec.3, 2016 Saturday via e-mail address indicated below; please use TM Format or entry forms provided. Please ensure accuracy of events, age, category and gender of swimmers. Submit all entries to:

E-mail entries to: **coach_edgar117@yahoo.com.ph** **Deadline**

of Scratches: December 7, 2016 Wednesday

Points System:

1. **Individual Points System:**

10, 7, 6, 5, 4, 3, 2, 1. 8th placed finishers accordingly.

2. **Relay Points System:** 2x individual points

Prizes/Awards:

Team Awards:

Trophies for Team Champion, 1st runner-up, 2nd runner-up, 3rd runner-up.
Combined points (boys & girls)

3. **Individual Awards**

Gold, Silver & Bronze medals for the top3 swimmers for each event:

Note: NO MOS Results:

Official results will be posted at the soonest possible time, **coaches** are held responsible to inform meet officials on unintentional encoding, clerical and other typographical errors noted. Results posted and have not been subject to complaints thereafter shall be considered final.

ONLY team coaches are allowed at the officials' table for inquiries and clarification. Parents, guardians and swimmers will not be entertained and are respectfully reminded to inhibit themselves from approaching the officials' table.

Should you have any questions, please contact:

Coach Ed Galeno

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